

### **A Prayer of Parents for Their Children**

O Gracious God, our Heavenly Father, O Thou who lovest mankind, and art most-merciful and compassionate, have mercy upon Thy servants for whom I humbly pray, and commend to Thy gracious care and protection [*Name those for whom you wish to pray*]. Be their guide and guardian in all their endeavors, and lead them in the path of Thy truth; and draw them closer to Thee, so that they may lead a godly and righteous life in Thy love and fear, discerning and doing Thy will in all things. Grant them Thy grace that they may be even-tempered, industrious, diligent, devout and charitable. Guard and protect them against the attacks of the evil one, and grant them wisdom and strength to resist all temptation and corruption of this life. Direct them in the way of Thy salvation, through the grace and love for mankind of Thine Only-begotten Son, our Savior Jesus Christ, Thy most-holy, good and Life-giving Spirit, and through the prayers of the Mother of God and of all the Saints. + Amen.

### **A Prayer of Husband and Wife for Each Other**

O Merciful God, remind us always that the married state is holy, and that we must keep it so. Grant Thy grace, that we may continue in faithfulness and love. Increase in us the sprit of mutual understanding and trust, so that no quarrel or strife may come between us. Grant us Thy blessings, both heavenly and earthly good things, so that we may stand before our fellowmen and ion Thy sight as an exemplary family; and finally, by Thy mercy, account us worthy of everlasting life, for Thou art our sanctification and to Thee we send up glory: to the Father, and to the Son, and to the Holy Spirit...

## A Small Collection of Orthodox Prayers



St. Herman Orthodox Church  
*Littleton, Colorado*

## Introductory Prayers

*+In the Name of the Father and of the Son and of the Holy Spirit.*

Amen. Glory to Thee, our God; glory to Thee!

O Heavenly King, the Comforter, the Spirit of Truth, Who art everywhere present and fillest all things. Treasury of blessings and Giver of Life, come and abide in us, and cleanse us from every impurity, and + save our souls, O Good One!

+ Holy God, Holy Mighty, Holy Immortal, have mercy on us! (3x)

+ Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

O Most-holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Thy Name's sake.

Lord, have mercy! (3x) + Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

+ Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

*+ Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy on us.*

## Prayers Before & After Meals

*The usual Table Prayers are as follows:*

*+In the Name of the Father and of the Son and of the Holy Spirit.*

*The Lord's Prayer can be read or sung:*

Amen. + Our Father, Who art in Heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from the evil one.

+ Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Lord, have mercy! (3x) Father/mother, bless!

*The father or mother blesses the food with their right hand in the form that we do when we cross ourselves.*

O Christ our God bless the food and drink of us Thy servants, for Thou art holy always, + now and ever, and unto ages of ages. Amen.

*An alternative prayer which replaces the Lord's Prayer at dinner is from Psalm 22:26:*

The poor shall eat and be satisfied; those who seek the Lord shall praise Him; their hearts shall live forever

*The Thanksgiving Prayer (Tone 4):*

+ We give thanks to Thee, O Christ our God, for Thou hast satisfied us with Thine earthly blessings. Deprive us not of Thy heavenly Kingdom, but as Thou camest in the midst of Thy disciples and didst grant them peace, so come to us and save us, O Savior!